cala®

Take control of tremors with Cala TAPS® Therapy

Meet the latest advancement in Cala TAPS® technology for action hand tremor.

The Cala device is the first and only wearable neuromodulation device that delivers multiple therapy modes and adaptive calibration to provide optimal efficacy—wrapped up in a simple, intuitive design—for people with essential tremor and Parkinson's disease.

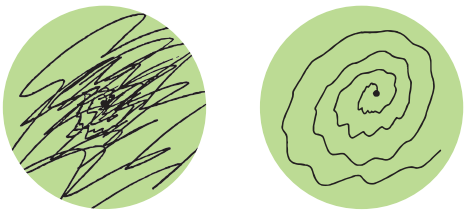
Questions?

www.calahealth.com

888-699-1009

CustomerCare@CalaHealth.com

Spiral drawing[1]



Before therapy

After therapy

Indications for Use: Cala kIQ Plus is indicated to aid in the temporary relief of hand tremors in the treated hand following stimulation in adults with essential tremor. Cala kIQ Plus is indicated to aid in the temporary relief of postural and kinetic hand tremor symptoms that impact some activities of daily living in the treated hand following stimulation in adults with Parkinson's disease.

Caution: Federal law restricts this device to sale by or on the order of a physician.

Before use, refer to the product labeling for complete product instructions for use, contraindications, warnings, and precautions at CalaHealth.com/Safety.

1. Lin PT. et al. Noninvasive neuromodulation in essential tremor demonstrates relief in a sham-controlled pilot trial. Movement Disorder 2018. Jul;33(7):1182-1183.

Get started by answering a few questions

Fill in the form below and take it with you when you meet with your healthcare provider to discuss a prescription. It will help you both determine if the Cala TAPS® therapy will be right for you. It can also help you establish your medical necessity for the therapy, so you can qualify for coverage.

Therapy Questionnaire

1. Do your essential tremor symptoms (shaking) affect your hands?

   Yes No

2. Do you avoid social situations because your tremor causes embarrassment and/or anxiety?

   Yes No

3. Does your tremor impact your ability to work?

   Yes No

4. Have you tried any of the following treatments for your hand tremors?

   1 or more medications (e.g. propranolol or primidone)

   I am not able to use medications as they are contraindicated for me

   Other _____

   No, I haven't tried medications for my hand tremor

   Medications not well tolerated due to side effects

5. List treatment side effects (if any) to review with your healthcare provider:

   _____

   _____

   _____

6. When is your tremor most common?

   When doing activities, such as writing or drinking (kinetic tremor)

   When hands are holding a posture, such as outstretched in front of the body (postural tremor)

   When not moving or holding a posture (resting tremor)

7. Do you have other medical conditions that interfere with treating your essential tremor?

   Yes No

8. How satisfied are you with your current treatment to manage your symptoms?

   Not satisfied

   Somewhat satisfied

   Very satisfied

9. Which activities does your essential tremor interfere with the most? Check all that apply.

   Drinking / eating

   Writing / texting / typing

   Dressing

   Managing personal hygiene

   Other

Tell us a bit more about your symptoms today

When I woke up this morning I felt:

Somewhat Rested

Not All Rested — Extremely Rested

This morning my hand tremor was:

Minimal — Moderate

None — Mild — Severe

My physical activity today was:

Moderate

Vigorous — None

Today my mood has been:

Irritated — Sad — Anxious — Calm — Happy

My medications today were:

_____ AM / PM

_____ AM / PM

_____ AM / PM

_____ AM / PM

I'm not taking any medications

My alcohol/caffeine consumption today was:

Drink Type _____ AM / PM

Drink Type _____ AM / PM

Drink Type _____ AM / PM

Spiral Test

Spiral drawings can be a great way to keep track of your hand tremor symptoms throughout the day.

Time _____ AM / PM

Time _____ AM / PM

Time _____ AM / PM

Time _____ AM / PM

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