

# Tremor relief. For moments that matter.

Meet Cala kIQ™: The only FDA-cleared, wearable device that delivers effective therapy for action hand tremor relief in patients with essential tremor and Parkinson's disease.

The Cala kIQ™ system with TAPS (Transcutaneous Afferent Patterned Stimulation) therapy is physician prescribed and clinically proven to safely and effectively reduce your action hand tremors.



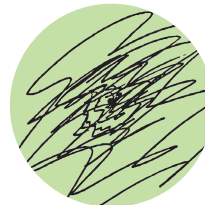
## Questions?

🌐 [www.CalaHealth.com](http://www.CalaHealth.com)

📞 888-699-1009

✉️ [CustomerCare@CalaHealth.com](mailto:CustomerCare@CalaHealth.com)

## Spiral drawing<sup>1</sup>



Before therapy



After therapy

**Indications for Use.** Cala kIQ is indicated to aid in the temporary relief of hand tremors in the treated hand following stimulation in adults with essential tremor. Cala kIQ is indicated to aid in the temporary relief of postural and kinetic hand tremor symptoms that impact some activities of daily living in the treated hand following stimulation in adults with Parkinson's disease.

**Caution:** Federal law restricts this device to sale by or on the order of a physician. Prior to use, refer to the product labeling for complete product instructions for use, contraindications, warnings, and precautions at [www.Calahealth.com](http://www.Calahealth.com). Always contact your health care provider with any questions or concerns

1. Lin PT. et al. Noninvasive neuromodulation in essential tremor demonstrates relief in a sham-controlled pilot trial. Movement Disord 2018. Jul;33(7):1182-1183.

## Get started by answering a few questions

Fill in the form below and take it with you when you meet with your healthcare provider to discuss a prescription. It will help you both determine if Cala kIQ with TAPS therapy will be right for you. It can also help you establish your medical necessity for the therapy, so you can qualify for coverage.

### Therapy Questionnaire

1. Do your essential tremor symptoms (shaking) affect your hands?

- Yes  No

2. Do you avoid social situations because your tremor causes embarrassment and/or anxiety?

- Yes  No

3. Does your tremor impact your ability to work?

- Yes  No

4. Have you tried any of the following treatments for your hand tremors?

- 1 or more medications (e.g. propranolol or primidone)
- I am not able to use medications as they are contraindicated for me
- Other \_\_\_\_\_
- No, I haven't tried medications for my hand tremor
- Medications not well tolerated due to side effects

5. List treatment side effects (if any) to review with your healthcare provider:

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6. When is your tremor most common?

- When doing activities, such as writing or drinking (kinetic tremor)
- When hands are holding a posture, such as outstretched in front of the body (postural tremor)
- When not moving or holding a posture (resting tremor)

7. Do you have other medical conditions that interfere with treating your essential tremor?

- Yes  No

8. How satisfied are you with your current treatment to manage your symptoms?

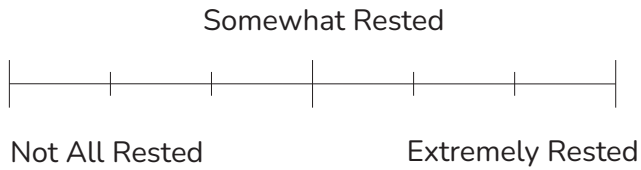
- Not satisfied
- Somewhat satisfied
- Very satisfied

9. Which activities does your essential tremor interfere with the most? Check all that apply.

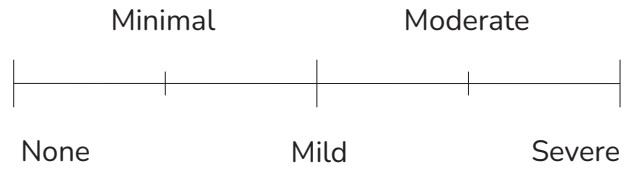
- Drinking / eating
- Writing / texting / typing
- Dressing
- Managing personal hygiene
- Other

# Tell us a bit more about your symptoms today

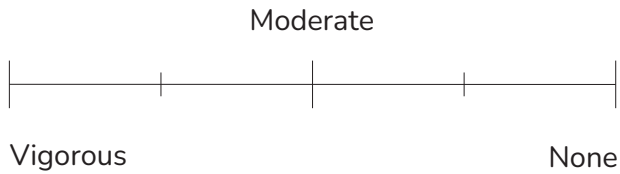
**When I woke up this morning I felt:**



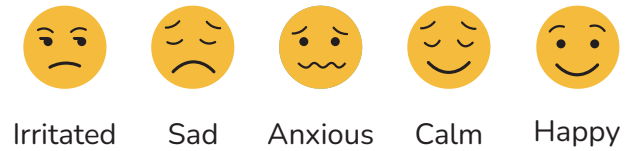
**This morning my hand tremor was:**



**My physical activity today was:**



**Today my mood has been:**



**My medications today were:**

\_\_\_\_\_ AM / PM

\_\_\_\_\_ AM / PM

\_\_\_\_\_ AM / PM

\_\_\_\_\_ AM / PM

**My alcohol/caffeine consumption today was:**

Drink Type \_\_\_\_\_ AM / PM

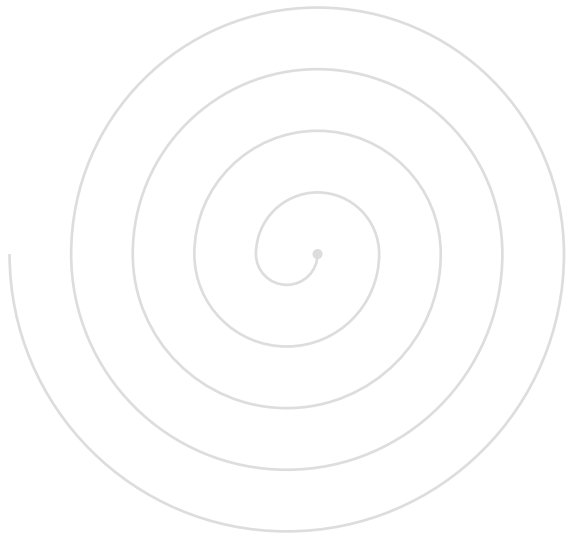
Drink Type \_\_\_\_\_ AM / PM

Drink Type \_\_\_\_\_ AM / PM

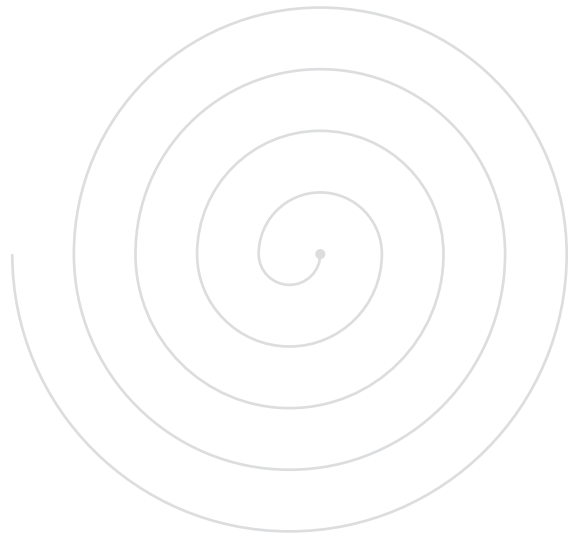
I'm not taking any medications

# Spiral Test

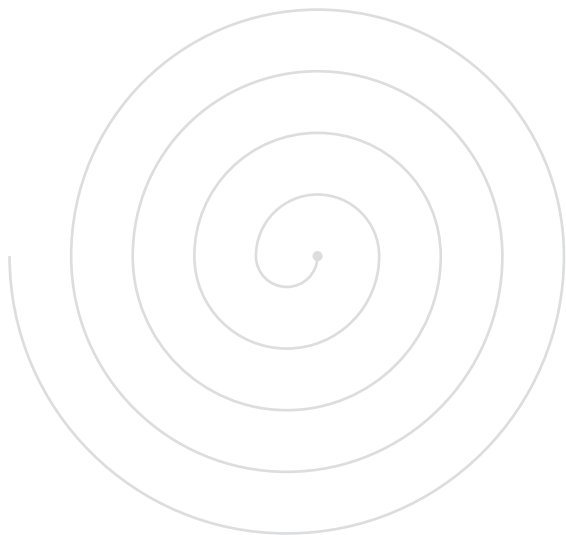
Spiral drawings can be a great way to keep track of your hand tremor symptoms throughout the day.



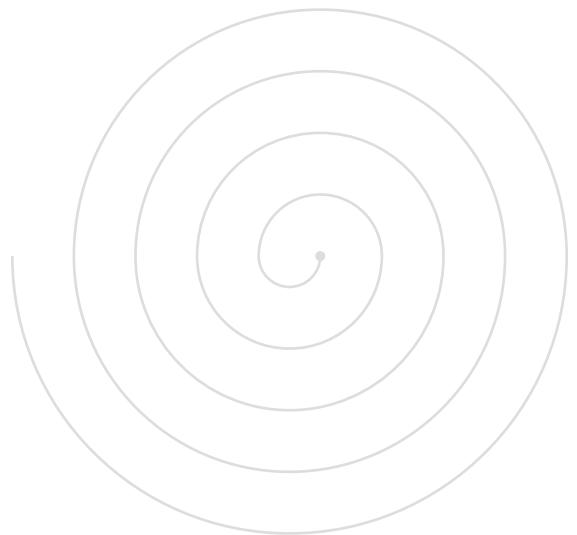
Time \_\_\_\_\_ AM / PM



Time \_\_\_\_\_ AM / PM



Time \_\_\_\_\_ AM / PM



Time \_\_\_\_\_ AM / PM